



Morning Prayer

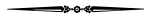
Lord, let me bring peace today.

Peace in my playing.

Peace in my sharing.

Peace in my family.

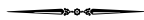
Amen.



Mealtime Prayer

Bless us, O Lord, and these your gifts,
which we are about to receive from
your bounty.

Through Christ, our Lord. Amen.
(Traditional grace before meals)



Night Prayer

I lie down in peace to sleep,
knowing I will wake again,
for God takes care of me.
(Adapted from Psalm 3:6)