

The Catechism of the Catholic Church Overview

If possible, provide several copies of the *Catechism* for the young people to share as you present a brief overview.

Tell them how the *Catechism* isn't meant to be a textbook, but more like an encyclopedia filled with everything Catholics believe. Those who help people learn about the Catholic faith use the *Catechism* as a resource.

Show the young people the Table of Contents. Explain that the Catechism is divided into four parts: The Profession of Faith (what we believe); The Celebration of the Christian Mystery (the way we celebrate what we believe—the Sacraments); Life in Christ (how we live); and Christian Prayer (ways we pray).

Show them how it is organized, by Part, Sections, Chapters, Articles, Paragraphs.

Divide the participants into four groups and have each group find three things in their section of the *Catechism* that they would like to share with the whole group.