



## Playing “Simon Says”

1. Review the following gestures and postures with the children.

*beat your chest*

*bow*

*extend arms in blessing*

*genuflect*

*kneel*

*make the sign of the cross*

*prostrate (lay face down)*

*reach heavenward*

*sit*

*standing*

2. Ask the children if there are any gestures or postures they would like to add.
3. Play “Simon Says” using these gestures or postures as time permits.